

**Year group Year 6 - PE**

<b>Games</b>	<b>Gym</b>	<b>Dance</b>	<b>Athletics</b>	<b>Outdoor Adventure Activities</b>	<b>Evaluation</b>
G1 – I can effectively travel with a ball into the correct space.(with intent)	GY1 - I can combine and perform taught skills with precision, control and fluently.	D1- I can improvise with confidence, still demonstrating fluency across my sequence, on my own, with a partner or in a group.	A1 - I can use a variety of running techniques and with them in a competitive situation	O1 - I can develop strong listening skills	E1 -I can watch and describe a performance accurately
G2 – I can vary skills, actions and ideas and link these in ways that suit the games activity.	GY2 - I can confidently use more complex gym vocabulary describe how to improve and refine performances	D2 - I can move appropriately and with the required style in relation to the stimulus using various levels, ways of traveling and motifs.	A2 - I can apply my jumping skills for specific height or distances in a competitive situation.	O2 - I can use and interpret maps	E2 - I can learn from other in how I can improve my skills
G3 - I can use a range of techniques effectively when passing and dribbling effectively.	GY3 - I can develop their own sequences.	D3 - I can exaggerate dance movements and motifs using expression when moving.	A3 - I can apply my throwing techniques with accuracy and confidence for specific throws in a competitive situation.	O3 - I can think activities through and problem solve using basic general knowledge.	E3 - I can comment on tactics and techniques to help improve performances
G4 - I can show confidence in using ball skills in various ways and can link these together effectively	GY4 - I can perform difficult actions with an emphasis on extension, clear body shape and	D4 - I can demonstrate a strong imagination when creating own dance sequences and motifs using	A4 - I can apply my throwing techniques with accuracy and confidence for specific throws in	O4 - I can choose and apply strategies to solve problems	E4 - I can make suggestions in how to improve my work, commenting on

	changes in direction.	peer and self-evaluation to assist..	a competitive situation.		similarities and differences.
G5 - I can apply knowledge of skills for attacking and defending.	GY5 - I can develop strength, technique and flexibility throughout performances on the floor and on equipment.	D5 - I can perform with confidence using a range of movement patterns to use the space.		O5 - I can confidently show and understand how to be safe.	
G6 - I can modify competitive games.		D6 - I can move to the beat accurately and dance with fluency linking all of my movements and ensuring they flow.			
G7 - I can keep possession of the ball during game situations		D7 - I can understand why dance is good for fitness.			
G8 - I can confidently make suggestions as to what resources can be used to differentiate a game.					
G9 - I can effectively select the right approach to attacking and defending in games situation					
G10 - I can choose when to pass or dribble, so that					

they keep possession and make progress towards the goal.					
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**Topic coverage**

<b>Autumn Disasters</b>	<b>Spring Groovy Greeks</b>	<b>Summer Shang Dynasty</b>
G1/G2/G3/G5/G6/G7/G8/G9/G10 E1 -4	GY1/GY2/GY3/GY4/GY5/ D1/D2/D3/D4/D5/D6/D7 E1-4	O1/O2/O3/O4/O5/ G1/G2/G3/G5/G6/G7/G8/G9/G10 A1/A2/A3/A4 E1-4
<b>Vocabulary</b>	<b>Vocabulary</b>	<b>Vocabulary</b>
Effective, Use of space, Control, Accuracy, Technique, Combinations, Co-operation, Tactics, Composition, Fluency, Create, Rules, Keeping possession, Passing range, Decisions, Dribbling, Shooting, Shield ball, Width, Depth, Support, Marking, Covering, Repossession, Attackers, Defenders, Marking, Team play, Defending, Stance, Offside, Pitch Health and fitness – warm up/ cool down/ heart rate/ pulse/ recovery	Co-operate, Audience, Elements, Twist, Refine, Aesthetically, Criteria, Extension, Tension, Dynamics, Combination, Canon, Counter-tension, Counter-balance, Criteria, Performance, Imaginative, Parallel, Creativity, Timing, Agility, Strength, Technique, Control, Balance, Evaluate, Improve Shapes – tuck, straddle, pike, arch, back support, Front support, shoulder stand, bridge, Level 3 partner balances – angle, lunge, feet, high thighs, straddle lift, trunk Health and fitness – warm up/ cool down/ heart rate/ pulse/ recovery  Dance style, Dance phrase, Fluency, Travelling, Technique, Formation, Pattern, Rhythm, Variation, Improvisation, Unison, Canon, Action, Reaction, Motif, Dynamics, Phrase, Interpret, Exploration, Agility, Flexibility, Combination, Strength, Technique,	Sprint, Team, Distance, Measure, Height, Target, Pacing, Rhythm, Obstacles, Leading leg, Hurdles, Throwing, Speed, Accuracy, Take off, Stamina, Time, Release, Performance, Accuracy, Position, Control, Height, Run up, Hurdles, Strength, Technique, Control, Balance, Evaluate, Improve, adapt, performance Health and fitness – warm up/ cool down/ heart rate/ pulse/ recovery Determination, perseverance, resilience, orientation, scale, co-ordinates  Court, Target, Net, Forehand, Backhand, Volley, Singles, Doubles, Rally, Serve

<b>I will learn.....</b>	<b>I will learn.....</b>	<b>I will learn.....</b>
<ul style="list-style-type: none"> <li>- How to effectively travel with a ball into the correct space.(with intent)</li> <li>- How to vary skills, actions and ideas</li> <li>- How to link skills, actions and ideas in ways that suit the games activity.</li> <li>- How to vary skills and link these in ways that suit the games activity</li> <li>- How to use a range of techniques effectively when passing and dribbling</li> <li>- How to show confidence in using ball skills in various ways</li> <li>- How to link skills together effectively</li> <li>- How to apply knowledge of skills for attacking and defending</li> <li>- How to modify competitive games</li> <li>- How to keep possession of the ball during game situations</li> <li>- How to confidently make suggestions as to what resources can be used to differentiate a game.</li> <li>- How to effectively select the right approach to attacking and defending in games situation</li> <li>- How to choose when to pass or dribble, so that they keep possession and make progress towards the goal.</li> <li>- How to watch and describe a performance accurately</li> <li>- How to learn from others in how I can improve my skills</li> </ul>	<p style="text-align: center;">Control, Balance, Evaluate, Improve, Timing, Perform</p> <ul style="list-style-type: none"> <li>- How to combine taught skills with precision, control and fluently</li> <li>- How to perform taught skills with precision, control and fluently</li> <li>- How confidently use complex gym vocabulary to describe how to improve and refine performances</li> <li>- How to develop my own sequences</li> <li>- How to perform difficult actions with an emphasis on extension, clear body shape and changes in direction</li> <li>- How to develop strength, technique and flexibility throughout performances on the floor.</li> <li>- How to develop strength, technique and flexibility throughout performances on the equipment.</li> <li>- How to improvise, whilst still demonstrating fluency across my sequence independently</li> <li>- How to improvise, whilst still demonstrating fluency across my sequence, with a partner/group</li> <li>- How to move appropriately and with the required style in relation to the stimulus using various levels, ways of traveling and motifs</li> <li>- How to exaggerate dance movements and motifs using expression when moving</li> </ul>	<ul style="list-style-type: none"> <li>- How to use a variety of running techniques and with them in a competitive situation</li> <li>- How to apply my jumping skills for specific height or distances in a competitive situation</li> <li>- How to apply my throwing techniques with accuracy and confidence for specific throws in a competitive situation.</li> <li>- How to apply my throwing techniques with accuracy and confidence for specific throws in a competitive situation.</li> <li>- How to develop strong listening skills</li> <li>- How to use and interpret maps</li> <li>- How to think activities through and problem solve using basic general knowledge</li> <li>- How to choose and apply strategies to solve problems</li> <li>- How to confidently show and understand how to be safe during outdoor educational activities</li> <li>- How to watch and describe a performance accurately</li> <li>- How to learn from others in how I can improve my skills</li> </ul>

<ul style="list-style-type: none"><li>- How to comment on tactics and techniques to help improve performances</li><li>- How to make suggestions in how to improve my work, commenting on similarities and differences.</li></ul>	<ul style="list-style-type: none"><li>- How to demonstrate a strong imagination when creating own dance sequences and motifs using peer and self-evaluation to assist</li><li>- How to perform with confidence using a range of movement patterns to use the space.</li><li>- How to move to the beat accurately and dance with fluency linking all of my movements and ensuring they flow</li><li>- To understand why dance is good for fitness</li><li>- How to watch and describe a performance accurately</li><li>- How to learn from others in how I can improve my skills</li><li>- How to comment on tactics and techniques to help improve performances</li><li>- How to make suggestions in how to improve my work, commenting on similarities and differences.</li></ul>	<ul style="list-style-type: none"><li>- How to comment on tactics and techniques to help improve performances</li><li>- How to make suggestions in how to improve my work, commenting on similarities and differences.</li><li>-</li></ul>
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